

**Will B. Healing, PMHNP-BC, RN**  
7654 Peaceful Path  
Austin, TX 78613

Dedicated board-certified psychiatric mental health nurse practitioner with over 5 years of experience providing comprehensive mental health care to diverse patient populations. Seeking to leverage my expertise and passion for patient advocacy in a dynamic mental health setting.

## **Work Experience**

### **Psychiatric Mental Health Nurse Practitioner**

Austin State Hospital, Inpatient Psychiatric Unit

June 20XX — Present

- Provide comprehensive psychiatric evaluations, diagnoses, and treatment plans for patients across the lifespan, managing a caseload of 50+ patients weekly.
- Administer and monitor psychotropic medications, ensuring adherence and managing side effects to optimize patient outcomes.
- Lead a multidisciplinary team in case management, collaborating with therapists, social workers, and primary care providers to deliver holistic care.
- Conduct individual, group, and family therapy sessions, focusing on cognitive behavioral therapy (CBT) and dialectical behavior therapy (DBT) techniques.
- Developed a patient education program that increased medication adherence rates by 8% over 12 months.

### **Nurse Practitioner Intern**

Various locations

August 20xx — May 20xx

- Created personalized, holistic psychiatric care plans for patients across the lifespan under the supervision of psychiatrists and PMHNPs.
- Internship sites included substance abuse clinics, adult and pediatric inpatient psychiatric wards, a disordered eating clinic, and outpatient mental health private practice.

### **Registered Nurse, Full-time Day Shift**

Cross Creek Hospital, Inpatient Psychiatric Unit

August 20XX — May 20XX

- Delivered high-quality care to acute psychiatric patients, including crisis intervention, de-escalation techniques, and patient safety monitoring.
- Assisted in individualized care plans, collaborating with physicians, nurses, and mental health professionals to ensure continuity of care.

- Played a key role in a quality improvement initiative that reduced patient fall rates by 15% within the unit.
- Provided patient and family education on mental health conditions, treatment options, and coping strategies.

### **Certifications & Memberships**

- Psychiatric-Mental Health Nurse Practitioner (PMHNP-BC) — American Nurses Credentialing Center (ANCC)
- Psychiatric-Mental Health Nursing Certification (PMH-BC) — American Nurses Credentialing Center (ANCC)
- Basic Life Support (BLS) Certification – American Heart Association
- Member, American Psychiatric Nurses Association (APNA)
- American Nurses Association (ANA)
- Sigma Theta Tau International Honor Society of Nursing

### **Skills**

- Psychiatric assessment and diagnosis
- Psychopharmacology and medication management
- Cognitive behavioral therapy (CBT) and dialectical behavior therapy (DBT)
- Crisis intervention and de-escalation
- Patient and family education
- Multidisciplinary team collaboration
- Electronic health record (EHR) proficiency

### **Education**

#### **Master of Science in Nursing (MSN), Psychiatric Mental Health Nurse Practitioner**

University of Texas at Austin

Graduated: May 20XX

#### **Bachelor of Science in Nursing (BSN)**

University of Texas at Austin

Graduated: May 20XX