

Holly Homecare

4321 Ideal Way, Bangor, ME
Phone: 207-123-4567
Email: hollyhomecare@email.com

Compassionate and dedicated home health aide with 20 years of experience providing high-quality care to patients in their homes. Skilled in assisting with activities of daily living, medication management, and promoting patient independence. Seeking to leverage extensive experience and expertise to continue making a positive impact on the lives of clients.

Experience

Home Health Aide

Happy Home Health Services, Blue Hill, ME

January 20XX–April 20XX

- Provided personalized care to 5–7 elderly and disabled clients in their homes per day, including assistance with bathing, grooming, and mobility.
- Reminded patients to take medications according to prescribed schedules.
- Assisted with household tasks such as meal preparation, light housekeeping, and laundry.
- Monitored patient vital signs and reported any changes in condition to supervising nurses.
- Established trusting relationships and rapport with clients and families, ensuring their comfort and well-being.

Home Health Aide

Independence Home Care, Bangor, ME

April 20XX–December 20XX

- Implemented safety measures to prevent falls and other accidents in the home environment.
- Provided emotional support and companionship to patients, fostering a positive and caring atmosphere.
- Collaborated with interdisciplinary healthcare teams to coordinate patient care and achieve optimal outcomes.
- Participated in ongoing training and professional development to stay current on best practices in home health care.
- Received “Most Valuable Teammate” award 6 times.

Home Health Aide

Independence Home Care, Bangor, ME

May 20XX–April 20XX

- Provided compassionate care and assistance to clients in their homes, promoting independence and dignity.
- Assisted clients with mobility and transfers, utilizing proper lifting and transferring techniques to ensure safety.
- Supported clients with exercises and rehabilitation activities prescribed by healthcare providers.
- Accompanied clients to medical appointments and assisted with transportation as needed.
- Maintained accurate and detailed records of care provided, including daily activities, observations, and client progress.

Certifications & Memberships

Basic Life Support (BLS: License #98765)

Certified Home Health Aide (Certification #76549)

Certified Nursing Assistant (Registry #45678)

Skills

- Assisting with activities of daily living, including bathing, dressing, and toileting
- Safe patient transfer using tools such as LiftAid, transfer belts, walkers, and wheelchairs
- Excellent communication and interpersonal skills
- Ability to prioritize tasks and manage time effectively
- Compassionate and patient-centered approach to care
- Strong documentation and record-keeping abilities

Education

Bangor High School

CNA Certification Course