

Maria Mar, RN, PMH-BC

Caribbean, CA | firstlast@email.com | 777-777-7777

Empathetic nurse with over five years of experience and a passion for mental health and patient advocacy. Assertively communicates patient needs while supporting the rest of the healthcare team.

Key Qualifications

- Psychiatric mental health nursing certification (PMH-BC)
- In-depth understanding of various forms of mental illness and their treatments
- Comfortable with EHR systems
- Won Daisy Award seven times

Education

Atlantic University, Anaheim, CA, 20XX
Bachelor of Science in Nursing

Professional Experience

Baltic Hospital, Psychiatric Charge Nurse, 20XX–present

- Responsible for 5 patients and 6 nurses on a 40-bed adult general psych unit.
- Organize and support nursing staff by delegating tasks and advocating for staff members to nursing management.
- Create assignment schedules and make adjustments when employees call out.
- Assist staff nurses with medication administration and other nursing duties upon request or on days with short staffing.

Mediterranean Hospital, Pediatric Psychiatric Nurse, 20XX–20XX

- Responsible for 10 patients on a 20-bed pediatric general psych unit.
- Administered medications and monitored for adverse effects.
- Provided emotional support to patients.
- Obtained medication consent from parents.
- Informed parents of patients' well-being upon parent request or after an incident.

Skills

- Conflict resolution and stress management skills
- Spanish fluency
- PowerChart, Epic, Cerner

Certifications and Licenses

- Psychiatric mental health nurse certification (PMH-BC)
- Personality disorders certification (C-PD)
- Basic life support (BLS)
- Registered nurse (RN)